

Course Title: OSHA 30 Hour Construction Industry Outreach Training with Study Guide

Course Overview: The OSHA 30 Hour Construction Industry Outreach Training course is a comprehensive safety program designed for anyone involved in the construction industry. Specifically devised for safety directors, foremen, and field supervisors; the program provides complete information on OSHA compliance issues. OSHA recommends Outreach Training Programs as an orientation to occupational safety and health for workers covered by OSHA 29 CFR 1926. Construction workers must receive additional training, when required by OSHA standards, on specific hazards of the job.

NEW! OSHA 30-Hour Construction Outreach Study Guide! This new 190 page Study Guide will ensure you are ready to take the final exam to receive your OSHA DOL Card. The Study Guide will assist you throughout the online course and can also be used as a future reference manual

Course Length: Once you enroll in the OSHA 30 Hour Construction Outreach Training course you will have 6 months to successfully complete the course. If you do not complete the course in 6 months you will not receive a certificate for course completion.

Course Pre-Requisite: None

Course Content:

- Locate OSHA Standards references applicable to specific hazardous conditions and practices (Introduction to OSHA Standards)
- Recognize the aspects of 1926 Subpart C (General Safety and Health Provisions)
- Implement preventative measures for accidents in their workplace (Subpart D- Occupational health and Environmental Controls)
- Describe types of personal protective equipment (PPE), and the requirements for use in OSHA standards (Subpart E- Personal Protective Equipment)
- Understand the requirements for fire protection in the workplace (Subpart F- Fire Protection and Prevention)
- Identify types of rigging equipment used to protect employees (Subpart H- Rigging; Subpart N- Cranes and Rigging)
- Identify the critical health and safety hazards of welding and cutting in the construction industry (Subpart J- Welding and Cutting)
- Identify common electrical hazards and related OSHA standards (Subpart K- Electrical Standards)
- Understand the importance of scaffolding for workers in elevated workplaces (Subpart L- Scaffolding)



- Implement measures for protecting workers and equipment from dangerous falls (Subpart M- Fall Protection)
- Recognize the hazards associated with working in or around excavation sites (Subpart P- Excavations)
- Understand the safety requirements necessary to protect workers around concrete and masonry jobs (Subpart Q- Concrete and Masonry)
- Identify the precautions and hazards to protect workers using explosives or blasting agents (Subpart T- Demolition)
- Protect workers who perform jobs on or around stairways or ladders at worksites (Subpart X - Stairways and Ladders)
- List and describe the hazards and prevalence of confined spaces

Testing: All module quizzes require a score of 70 to proceed forward in the course. The final exam also requires a minimum score of 70 to receive a certificate of completion. The final exam may be taken three times if necessary.

