

Course Name: OSHA 10 hour and 30 Hour Construction Outreach Training

Course Overview:

OSHA recommends Outreach Training Program courses as an orientation to occupational safety and health for workers. Workers must receive additional training, when required by OSHA standards, on the specific hazards of their job.

Course Length: Minimum of 40 hours. This course is an online, interactive program which can be taken at the student's pace and convenience. It is available online 24/7 and will be an active, available program for six months from the date of registration.

Prerequisites: None

Course Content:

This course covers ten (10) hours of courses, required by the Occupational Health and Safety Act (OSHA), that apply toward 10-hour Construction Industry course completion card. This module is comprised of 12 sections, covering topics pertaining to regulations covered by Standard 29 CFR 1926. The successful completion of this course will help to meet the Construction Industry standards established by OSHA.

OSHA recommends Outreach Training Program courses as an orientation to occupational safety and health for workers. Workers must receive additional training, when required by OSHA standards, on the specific hazards of their job.

Module covers thirty (30) hours of courses, required by the Occupational Health and Safety Act (OSHA), that apply toward 30-hour Construction Industry course completion card. This module is comprised of 23 sections, each either one or two hours in length, and covering topics pertaining to regulations covered by Standard 29 CFR 1926. The successful completion of this course will help to meet the Construction Industry standards established by OSHA.

You will be sent a copy of OSHA Standards for Construction. The book will serve as an invaluable resource for referencing OSHA standards that have been covered in this course, as well as researching regulations or standards that could help in establishing a safer workplace.

You will also find supplementary materials available for download by clicking the "Materials" tab on the menu located within the courseplayer. You can find printable course summaries of each module in addition to a syllabus of the entire 30 hour course. Other reference materials are available from the OSHA website; please visit www.osha.gov.

As you proceed, please be aware of the help that is available to you for any problems you may come across as you take the course. If you are having technical difficulties with the course, please call or email the technical support team; their information can be found on the Help screen. For content related questions, click the "Help" tab below. For procedure related questions relating to inquiries about prerequisites, post course completion procedures, completion cards, etc., please

contact the school. The school contact information can be found at the top of the Help page.

When taking this course, please be aware of the time limits on both your login session and the course itself. For your login session, please feel free to take as long as you wish at any given time, but be aware that if you remain idle (staying on the same page) for 15 minutes then you will be logged out of the session and you will have to log in and rejoin the course where stopped previously.

System Requirements: The elements listed below are the minimum system requirements to take this online course. While you may use the minimum requirements, your experience online will be greatly enhanced through the use of a faster internet connection, i.e. cable or DSL as opposed to 'dial-up'.

- **IBM PC Compatible Computer (200 MHz processor with 32MB RAM)**
- **Sound Card with speakers or headphones**
- **SVGA (800x600) video card, driver, and monitor**
- **Microsoft Windows 95/98/ME/NT/2000/XP**
- **Internet connection (minimum 56Kbps recommended)**
- **Microsoft Internet Explorer version 5.0 or greater (free download)**

EVALUATION: At the end of each module, you will be given a 10 question module quiz. You must score at least 70% on each module quiz to move forward in the course. You will be given up to three opportunities to pass each module quiz. Failure to successfully pass the quiz will result in being locked out of the course and not allowed to continue with an online training format for your outreach training.

Once you have successfully completed all of the modules, you must pass a final exam to receive full credit for the course. The exam is 20 questions long and will test your knowledge on information covered throughout the course. You must make a score of at least 70% to pass this course. You will be given up to three opportunities to pass the final exam; if you do not pass it after three tries, you will be locked out of this course will no longer be able to take your outreach training in an online format.